

CHINESE SOLAR BELIEFS

THE TEN SUNS MYTH:

In ancient China there were 10 suns , one for each day of the week. One day they decided to come out together, burning everything.

To save everyone, Hou Yi, one of the best archers ever, killed all of the suns except one. The sun that remained alive is the known sun and the night exists because he needs to rest.



WHY IS WINTER SOLSTICE CELEBRATED?

It is celebrated because after those days more positive things happen, so they consider that it has to be an important party.

During this event, people in north China eat raviole soup because they think that it warms them up for the winter and in south China they eat red beans and rice to avoid evil creatures.